

ACT Now! Ask. Care. Take.

Consider

...calling him today.

...asking how she is doing after that call.

...grabbing a cup of coffee with him after your shift.

...encouraging him to get some help or support.

Photographer: John M. Buckman III



ACT Now! Ask. Care. Take.

PocketPeer.org | EveryoneGoesHome.com | National Suicide Prevention Lifeline

1-800-273-TALK (8255)