TAKE 5 FOR SAFETY

5-MINUTE SAFETY DRILL

Strains and Sprains : There Are Tools To Reduce Them

Date:_____

Student:_____

Dept:_____

Station:_____

Training Code:_____

NOTES:

CHALLENGE

Strains and sprains represent the third largest category of injury to emergency personnel. Review of accidents reveal a major source of injuries occur during the transport of patients. Improved equipment and proper body mechanics can reduce these types of injuries significantly!

We expend a great deal of energy investigating the lasted apparatus and personal safety devices available. Most of us can rattle off the names of the newest equipment available. This same energy must be put into investigating transport equipment and techniques that are on the market.

DISCUSSION

- When purchasing replacement equipment are we looking for ergonomic improvements?
- How much time is spent researching new transport equipment?
- What problems have you encountered during the transport of a patient?
- Do you look for equipment or techniques to solve the problem as identified?
- What can improve teamwork during transport?
- You are the safety officer, what instructions do you have for your crew?

The greatest asset of the fire service is our people; protect them!

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Ask for public entity safety coordinator

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